



namo tassa bhagavato arahato sammā sambuddhassa

iti 'pi so bhagavā araham sammā-sambuddho
vijjā-caraṇa-sampanno sugato loka-vidū
anuttaro purisa-damma sārathi satthā deva-manussānaṁ
buddho bhagavā 'ti
buddham jīvita-pariyantam saraṇam gacchāmi
ye ca buddhā atītā ca ye ca buddhā anāgatā
paccuppannā ca ye buddhā aham vandāmi sabbadā
natthi me saraṇam aññam buddho me saraṇam varam
etena saccavajjena hotu me jayamaṅgalam

(uttamaṅgena vande 'ham pāda-pamsu varuttamam
buddhe yo khalito doso buddho khamatu tam mamaṁ)

svākkhāto bhagavatā dhammo sanditthiko akāliko
ehi-passiko opanāyiko paccatam-veditabbo viññūhi 'ti
dhammam jīvita-pariyantam saraṇam gacchāmi
ye ca dhammā atītā ca ye ca dhammā anāgatā
paccuppannā ca ye dhammā aham vandāmi sabbadā
natthi me saraṇam aññam dhammo me saraṇam varam
etena saccavajjena hotu me jayamaṅgalam

(uttamaṅgena vande 'ham dhammañ ca tividham varam
dhamme yo khalito doso dhammo khamatu tam mamaṁ)

suppatipanno bhagavato sāvaka-saṅgho
ujuppatipanno bhagavato sāvaka-saṅgho
ñāyappatipanno bhagavato sāvaka-saṅgho
sāmīcippatipanno bhagavato sāvaka-saṅgho
yad' idam cattāri purisa-yugāni aṭṭha purisa puggalā
esa bhagavato sāvaka-saṅgho āhuneyyo pāhuneyyo
dakkhineyyo añjali-karaṇīyo
anuttaram puññakkhettam lokassā 'ti
saṅgham jīvita-pariyantam saraṇam gacchāmi
ye ca saṅghā atītā ca ye ca saṅghā anāgatā
paccuppannā ca ye saṅghā aham vandāmi sabbadā
natthi me saraṇam aññam saṅgho me saraṇam varam
etena saccavajjena hotu me jayamaṅgalam

(uttamaṅgena vande 'ham saṅghañ ca duvidh' uttamam
saṅghe yo khalito doso saṅgho khamatu tam mamaṁ)



(cuddasa buddha-ñāṇāni)

dukkhe ñāṇam buddha ñāṇam
dukkha-samudaye ñāṇam buddha ñāṇam
dukkha-nirodhe ñāṇam buddha ñāṇam
dukkha-nirodha-gāminiyā paṭipadāya ñāṇam buddha ñāṇam
attha-paṭisambhide ñāṇam buddha ñāṇam
dhamma-paṭisambhide ñāṇam buddha ñāṇam
nirutti-paṭisambhide ñāṇam buddha ñāṇam
paṭibhāna-paṭisambhide ñāṇam buddha ñāṇam
indriya-paro-pariyatte ñāṇam buddha ñāṇam
sattānam āsayā-anusaye ñāṇam buddha ñāṇam
yamaka-pāṭihīre ñāṇam buddha ñāṇam
mahā-karuṇā-samāpattiyyā ñāṇam buddha ñāṇam
sabbaññuta-ñāṇam buddha ñāṇam
anāvaraṇa-ñāṇam buddha ñāṇam 'ti
imehi cuddasahi buddha-ñāṇehi samannāgatassa
buddhassa bhagavato namo sammā sambuddhassa

(cha dhammā)

atītassa buddhassa bhagavato appaṭihataṁ ñāṇam
anāgatassa buddhassa bhagavato appaṭihataṁ ñāṇam
paccuppannassa buddhassa bhagavato appaṭihataṁ ñāṇam
(imehi tīhi dhammehi samannāgatassa buddhassa bhagavato)
sabbam kāya-kammam ñāṇam pubbaṅgamam nāna-anuparivattam
sabbam vacī-kammam ñāṇam pubbaṅgamam nāna-anuparivattam
sabbam mano-kammam ñāṇam pubbaṅgamam nāna-anuparivattam
imehi chahi dhammehi samannāgatassa buddhassa bhagavato

(natthi chandassa hani natthi dhammadessanaye hani
natthi viriyassa hani natthi samādhiyassa hani
natthi paññāye hani natthi vimuttiya hani
imehi dvādasahi dhammehi samannāgatassa buddhassa bhagavato

natthi dava natthi rava natthi apphutam natthi devadinnattham
natthi abyāpatamano natthiya patisaṅkhā na upekkhati
imehi aṭṭhārasahi dhammehi samannāgatassa buddhassa bhagavato)

namo sammā sambuddhassa



(catubbisa paccayatā)

hetupaccayo ārammaṇapaccayo adhipatipaccayo
anantarapaccayo samanantarapaccayo sahajātapaccayo
aññamaññapaccayo nissayapaccayo upanissayapaccayo
purejātapaccayo pacchājātapaccayo āsevanapaccayo
kammapaccayo vipākapaccayo āhārapaccayo
indriyapaccayo jhānapaccayo maggapaccayo
sampayuttapaccayo vippayuttapaccayo atthipaccayo
natthipaccayo vigatapaccayo avigatapaccayo 'ti
imehi paccayañāhehi samannāgatassa buddhassa bhagavato
namo sammā sambuddhassa

(paṭicca-samuppāda)

avijjā paccayā saṅkhārā
sankhāra paccayā viññāṇam
viññāṇa paccayā nāma-rūpam
nāma-rūpa paccayā saḷāyatanaṁ
saḷāyatana paccayā phasso
phassa paccayā vedanā
vedanā paccayā taṇhā
taṇhā paccayā upādānam
upādāna paccayā bhavo
bhava paccayā jāti
jāti paccayā jarā-maraṇam soka-parideva-dukkha-domanass'-
upāyāsa sambhavanti
evam-etassa kevalassa dukkhakkhandhassa samudayo hoti

avijjā-yatv'eva asesa-virāga-nirodhā sankhāra-nirodho
saṅkhārā-nirodhā viññāṇa-nirodho
viññāṇa-nirodhā nāma-rūpa-nirodho
nāma-rūpa-nirodhā saḷāyatana-nirodho
saḷāyatana-nirodhā phassa-nirodho
phassa-nirodhā vedanā-nirodho
vedanā-nirodhā taṇhā-nirodho
taṇhā-nirodhā upādāna-nirodho
upādāna-nirodhā bhava-nirodho
bhava-nirodhā jāti-nirodho
jāti-nirodhā jara-maraṇam soka-parideva-dukkha-domanass'-
upāyāsa nirujjhanti
evam-etassa kevalassa dukkhakkhandhassa nirodho hoti



(pathama buddha vacanam)

anekajāti samsāram sandhāvissam anibbisam
gahakārakam gavesanto dukkhā jāti punappunam
gahakāraka ditthosi puna geham na kāhasi
sabbā te phāsukā bhaggā gahakūtam visañkhitam
visañkhāragatam cittam tañhānam khayamajjhagā 'ti

(vandana)

vandāmi cetiyam sabbam – sabbathānesu patitthitam
sārīrikadhātu-mahābodhim – buddha-rūpam sakalamsadā
yassa mule nissino 'va – sabbāri vijayam akā
patto sabbañnutam satthā – vande tam bodhi-pādapam

ghanasārapadittena – dīpena tama-dhamsina
tiloka-dīpam sambuddham – pūjayāmi tamo-nudam
vaṇṇa-gandha-gunopetam – etam kusuma-santatim
pūjayāmi munindassa – siripāda-saroruhe
pūjemi buddham kusumena 'nena –
puññena me 'tena labbhā vimokkham
puppham milāyāti yathā idam me – kāyo tathā yāti vināsa-bhāvam
sugandhikāya-vadanaṁ – ananta-guna-gandhinam
sugandhinā 'ham gandhena – pūjayāmi tathāgatam

(adhibāsetu no bhante – pānīyam upanāmitam
anukampam upādāya – patīganhātum uttamam
adhibāsetu no bhante – bhojjanaṁ upanāmitam (ráno)
[[adhibāsetu no bhante – gilāna-paccayam imam (večer)]]
anukampam upādāya – patīganhātum uttamam)

namāmi buddham guna-sāgar'-antam
sattā sadā hontu sukhī averā – kāyo jiguccho sakalo duggando
gacchanti sabbe maraṇam ahañca
namāmi dhammam sugatena desitam
sattā sadā hontu sukhī averā – kāyo jiguccho sakalo duggando
gacchanti sabbe maraṇam ahañca
namāmi sangham muni-rāja-sāvakam
sattā sadā hontu sukhī averā – kāyo jiguccho sakalo duggando
gacchanti sabbe maraṇam ahañca

namo tassa bhagavato arahato sammā sambuddhassa



(atīta–paccavekkhanā)

mayā paccavekkhitvā ajja yam cīvaram paribhuttam tam yāvad'eva sītassa paṭighātāya uṇhassa paṭighātāya dāmsa–makasa–vātātapa–sirimsapa–samphassānam paṭighātāya yāvadeva hirikopīna–paṭicchādanatham

yathā paccayam pavattamānam dhātu–mattam ev'etam yad'idaṁ cīvaram tadupabhuñjako ca puggalo – dhātu–mattako nissatto nijīvo suñño – sabbāni pana imāni cīvarāni ajigucchaṇīyāni imam pūtikāyam patvā ativiya jigucchaṇīyāni jāyanti

mayā paccavekkhitvā ajja yo piṇḍapāto paribhutto so neva davāya na madāya na maṇḍanāya na vibhūsanāya yāvad'eva imassa kāyassa ṭhitiyā yāpanāya vihiṁsuparatiyā brahmacariy' ānuggahāya iti purānañ ca vedanām paṭihānkāmi navañ ca vedanām na uppādēssāmi yātrā ca me bhavissati anavajjatā ca phāsuvihāro cā' ti yathā paccayam pavattamānam dhātu–mattam ev'etam yad'idaṁ piṇḍapātam tadupabhuñjako ca puggalo – dhātu–mattako nissatto nijīvo suñño – sabbe pana ime piṇḍapāto ajigucchaṇīyo imam pūtikāyam patvā ativiya jigucchaṇīyo jāyati

mayā paccavekkhitvā ajja yam senāsanam paribhuttam tam yāvad'eva sītassa paṭighātāya uṇhassa paṭighātāya dāmsa–makasa–vātātapa–sirimsapa–samphassānam paṭighātāya yāvad'eva utuparissaya vinodanām paṭisallānārāmattham

yathā paccayam pavattamānam dhātu–mattam ev'etam yad'idaṁ senāsanām tadupabhuñjako ca puggalo – dhātu–mattako nissatto nijīvo suñño – sabbāni pana imāni senāsanāni ajigucchaṇīyāni imam pūtikāyam patvā ativiya jigucchaṇīyāni jāyanti

mayā paccavekkhitvā ajja yo gilānapaccaya–bhesajjaparikkhāro paribhutto so yāvadeva uppannānam veyyābādhikānam vedanānam paṭighātāya abyāpajjharamatāyā 'ti

yathā paccayam pavattamānam dhātu–mattam ev'etam yad'idaṁ gilānapaccaya–bhesajjaparikkhāro tadupabhuñjako ca puggalo – dhātu–mattako nissatto nijīvo suñño – sabbo panāyam gilānapaccaya–bhesajjaparikkhāro ajigucchaṇīyo imam pūtikāyam patvā ativiya jigucchaṇīyo jāyati



(dasa-dhamma-suttam)

evam me sutam | ekam samayam bhagavā sāvatthiyam viharati
jetavane anāthapiṇḍikassa ārāme | tatra kho bhagavā bhikkhū
āmantesi bhikkhavo 'ti | bhadante 'ti te bhikkhū bhagavato
paccassosum | bhagavā etad avoca | dasayime bhikkhave dhammā
pabbajitena abhiñham paccavekkhitabbā | katame dasa |
vevaññiyamhi ajjhupagato 'ti pabbajitena abhiñham paccavekkhitabbam
parapaṭibaddhā me jīvikā 'ti pabbajitena abhiñham paccavekkhitabbam |
añño me ākappo karañyo 'ti pabbajitena –pe– |
kacci nu kho me attā sīlato na upavadatī 'ti pabbajitena –pe– |
kacci nu kho mām anuvicca viññū sabrahmacārī sīlato na upavadantī
'ti pabbajitena –pe– |
sabbehi me piyehi manāpehi nānābhāvo vinābhāvo 'ti pabbajitena... |
kammassakomhi kammadāyādo kammayoni kammabandhu
kammaṭatisaraṇo | yam kammām karissāmi kalyāṇam vā pāpakam
vā tassa dāyādo bhavissāmī 'ti pabbajitena –pe– |
kathambhūtassa me rattindivā vītvattantī 'ti pabbajitena –pe– |
kacci nu kho aham suññāgāre abhiramāmī 'ti pabbajitena –pe– |
atti nu kho me uttari-manussa-dhammo alam-ariya-ñāna-dassana-
viseso adhigato yenāham pacchime kāle sabrahmacārīhi puṭṭho na
mañku bhavissāmī 'ti pabbajitena abhiñham paccavekkhitabbam |
ime kho bhikkhave dasa dhammā pabbajitena abhiñham
paccavekkhitabbā 'ti | idam avoca bhagavā | attamanā te bhikkhū
bhagavato bhāsitam abhinandun 'ti |

(kāyānusati)

atthi imasmim kāye kesā lomā nakhā dantā taco
māmsam nāhāru atthi atthimiñjam vakkam
hadayam yakanam kilomakam pihakam papphāsam
antar antaguṇam udariyam karīsam matthalungaram
pittam semham pubbo lohitam sedo medo
assu vasā khelo siṅghānikā lasikā muttan 'ti

aniccāvata saṅkhārā – uppāda-vaya-dhammino
uppajjivā nirujjhanti – tesam vūpasamo sukho
sabbe sattā maranti ca – marimsu ca marissare
tath'ev' āham marissāmi – natthi me ettha samsayo
addhuvam jīvitam dhuvaṁ maraṇam avassam mayā
maritabbam maraṇapariyosānam me jīvitam
jīvitam eva aniyatam maraṇam niyatam maraṇam niyatam



(karaṇīya–metta–suttam)

karaṇīyam atthakusalena yantam santam padam abhisamecca
sakko uju ca sūjū ca suvaco c' assa mudu anatimānī
santussako ca subharo ca appakicco ca sallahukavutti
santindriyo ca nipako ca apagabbho kulesu ananugiddho
na ca khuddam samācare kiñci yena viññū pare upavadeyyum
sukhino vā khemino hontu sabbe sattā bhavantu sukhitattā
ye keci pāṇabhūt' atthi tasā vā thāvarā vā anavasesā
dīghā vā ye mahantā vā majjhimā rassakā aṇukathulā
diṭṭhā vā ye vā adiṭṭhā ye ca dūre vasanti avidūre
bhūtā vā sambhavesī vā sabbe sattā bhavantu sukhitattā
na paro param nikubbetha nātimāññetha katthaci nam kañci
vyārosanā paṭighasaññā nāññamaññassa dukkham iccheyya
mātā yathā niyam puttam āyusā ekaputtam anurakkhe
evam pi sabbabhūtesu mānasam bhāvaye aparimāṇam
mettañ ca sabbalokasmim mānasam bhāvaye aparimāṇam
uddham adho ca tiriyañ ca asambādham averam asapattam
tiṭṭham caram nissinno vā sayāno vā yāvat 'assa vigatamiddho
etam satim adhiṭṭheyya brahmam etam vihāram idha–m–āhu
diṭṭhiñ ca anupagamma sīlavā dassanena sampanno
kāmesu vineyya gedham na hi jātu gabbaseyyam puna–r–eti 'ti
etenā sacca–vajjena – hotu me jaya–mangalam
etenā sacca–vajjena – sabba–rogō vinassatu
etenā sacca–vajjena – sotthi me hotu sabbadā

sabbe saṅkhārā aniccā 'ti yadā paññāya passati
atha nibbindati dukkhe esa maggo visuddhiyā
sabbe saṅkhārā dukkhā 'ti yadā paññāya passati
atha nibbindati dukkhe esa maggo visuddhiyā
sabbe dhammā anattā 'ti yadā paññāya passati
atha nibbindati dukkhe esa maggo visuddhiyā

(vuddhi–patthānam)

yathā vārivahā pūrā paripūrenti sāgaram
evam eva ito dinnam petānam upakappati
icchitam patthitam tumham khippam eva samijjhatu
sabbe pūrentu saṅkappā cando paññaraso yathā maṇi jotiraso yathā
sabbītiyo vivajjantu sabbarogo vinassatu
mā me bhavatvantarāyo sukhī dīghāyuko bhava



bhavatu sabba maṅgalam rakkhantu sabba devatā
sabba buddhā—nubhāvena sadā sotthi bhavantu me ...]

abhivādana—sīlissa – niccam vuddhāpacāyino
cattāro dhammā vaddhanti – āyu vanno sukham balam
āyur—ārogya—sampatti – sagga—sampattim eva ca
atho nibbāna—sampatti – iminā te samijjhatu
nakkhatta—yakkha—bhūtānam – pāpaggaha nivāranā
paritass’—ānubhāvena – hantu tesam upaddave

samantā cakkavālesu – sattānam tesu pānino
sukhino puggalā bhūtā – atta—bhāva—gatā siyyum
tatha itthi pumā c ’eva – ariyā anariyā ’pi ca
devā narā apāyatthā – tatha dasadisāsu cā ’ti
devo vassatu kālena – sassa sampatti hetu ca
phīto bhavatu loko ca – rājā bhavatu dhammiko

ākāsatthā ca bhūmatthā devā nāgā mahiddhikā
puññam tam anumoditvā ciram rakkhantu sāsanam ...]
ettāvatā ca amhehi – sambhatam puñña sampadam
sabbe sattā anumodantu – sabbe sampatti siddhiyā
sabbe sattā ca bhūtā ca – hitā ca ahitā ca me
anumoditvā imam puññam – bodhayantu sivam padam
idam me nātīnam hotu – sukhitā hontu nātayo :]
iminā puñña kamena – māme bāla samāgamo
satam samāgamo hotu – yāva nibbāna pattiya

imāya dhammā—anudhamma paṭipattiyā buddham pūjemi
imāya dhammā—anudhamma paṭipattiyā dhammam pūjemi
imāya dhammā—anudhamma paṭipattiyā saṅgham pūjemi



(addhāya imāya paṭipattiyā jātijarā vyādhī maraṇamhā paribhuñjissāmi
idam me puññam āsavakkhayā vaham hotu sabbe dukkha pamuccatu)
kāyena vācā cittena – pamādena mayā kataṁ
accayam khama me bhante – bhūri—pañña tathāgata
kāyena vācā cittena – pamādena mayā kataṁ
accayam khama me dhamma – sandīṭṭhika akālika
kāyena vācā cittena – pamādena mayā kataṁ
accayam khama me saṅgha – puññakkhetam anuttaram)